



<b>Workshop Schedule for March 7<sup>th</sup> 2026</b>					
	<b>ASC1-A General Assembly Room</b>	<b>ASC-2</b>	<b>ASC3</b>	<b>ASC 4</b>	<b>Up Stairs Chapel</b>
<b>10:15 AM – 11:45 AM</b>	<b>Yoga</b>	<b>Discussion with Natalie Briscoe</b>	<b>Discovering Nonviolent Communication in the Magic Field</b>		<b>Voices of the Earth: Remembering Margot Adler</b>
<b>2:00 PM – 3:30 PM</b>	<b>Dancing for Joy!</b>	<b>Introduction to Basic Beading</b>	<b>Improv Games for Community- Building</b>	<b>“Breathing with the Trees: A Spiritual Path to Justice and Wholeness”</b>	
<b>3:45 PM – 5:00 PM</b>	<b>Remembering the Gifts of the Woods;</b>	<b>Lavenders-- A study of their spiritual, mental, emotional components</b>	<b>Art as a Spiritual Practice</b>	<b>Spirit Dolls</b>	